# Links til videoer med cha cha cha og jive

**Cha cha cha**

Basics: [4 Basic Elements of Cha-Cha](https://www.youtube.com/watch?v=PWiLi22Cq8w)

Dans med partner: [How to Dance the Cha-Cha with a Partner](https://www.youtube.com/watch?v=W1CCjhrBJtA&list=PLxCtk6ZDIRlkBDmq5kNSvEhK5r_fLXv6W&index=5)

Pardrejning (turning basic): [How to Dance a Cha-Cha Turning Basic](https://youtu.be/9rqtXUJzvQw?si=-vYCwZzrgjGLZk0f)

New Yorker (crossover): [How to Dance Cha-Cha Crossover Breaks](https://www.youtube.com/watch?v=ZNZ4uJD2vUM&list=PLxCtk6ZDIRlkBDmq5kNSvEhK5r_fLXv6W&index=8)

Alamana (damedrejning): [How to Do a Cha-Cha Underarm Turn (Ladies)](https://www.youtube.com/watch?v=55xMEAwvXI4&list=PLxCtk6ZDIRlkBDmq5kNSvEhK5r_fLXv6W&index=9)

Spot turn: [How to Dance a Cha-Cha Spot Turn](https://www.youtube.com/watch?v=dwLyBdbvHlY)

Open Break: [How to Dance a Cha-Cha Open Break](https://www.youtube.com/watch?v=tWzn0NX-k6Q&list=PLxCtk6ZDIRlkBDmq5kNSvEhK5r_fLXv6W&index=23)

Outside Partner Breaks: [How to Dance Cha-Cha Outside Partner Breaks](https://www.youtube.com/watch?v=LOZT3jCaHok&list=PLxCtk6ZDIRlkBDmq5kNSvEhK5r_fLXv6W&index=17)

Chase with Half Turn: [How to Dance a Cha-Cha Chase with Half Turn](https://www.youtube.com/watch?v=m2bBhBAdAUw&list=PLxCtk6ZDIRlkBDmq5kNSvEhK5r_fLXv6W&index=11)

Cha cha cha – skole med Anette og Jens Werner: <https://www.youtube.com/watch?v=tWnmRqSL5Z4&list=PL9z1tiC7pWzRqhZmV7EtIqhkH4hijiFz5>

**Jive**

Basics: [How to Do Basic Jive Steps](https://www.youtube.com/watch?v=LMilE769YY8)

Damedrejning: [Ladies Underarm Turn in Swing Dance](https://www.youtube.com/watch?v=ao5OSpKMTk0)

Windmill Step: [How to Do a Jive Windmill Step](https://www.youtube.com/watch?v=GjS_m6aWy3Y)

Mooch Step: [How to Do a Jive Mooch Step](https://www.youtube.com/watch?v=tsmJC9q80z4)

Sliding Doors: [How to Do Sliding Doors in Swing Dance | Ballroom Dance - YouTube](https://www.youtube.com/watch?v=WZmHNV28bxI)

Hip Lift: [How to Do a Hip Lift in Swing Dance | Ballroom Dance - YouTube](https://www.youtube.com/watch?v=zxg3dXWQTGk)

Hel workshop med jive: [Egils Smagris: Workshop - How to do Basic Jive for Beginners](https://www.youtube.com/watch?v=eLmeRpDl6p8)

Kick Ball Change: [Kick Ball Change in Jive | Exercises | Practice Routine - YouTube](https://www.youtube.com/watch?v=jOcns4yR8Ew)

Jive rutine: [Jive Routine with Chugging | Latin Dance Figures - YouTube](https://www.youtube.com/watch?v=Ua5sIoOWP0o)